

TURN IN AT MAIN OFFICE AT WHITMAN MIDDLE SCHOOL

# Partner PE Application

## 2022-2023

The Partner PE Student program provides an opportunity for students to be partners and supports for students with disabilities in their modified physical education class. The class offerings could include team sports, individual sports, and exercises. Principles taught in this class will follow the physical education core curriculum and enhance teaching and learning skills for students. Typically developing peers receive an equivalent PE credit meeting their yearly requirement.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

**FOR OFFICE USE ONLY**

\_\_\_\_\_  
Teacher/Admin Signature

\_\_\_\_\_  
Date

### Adaptive PE

Provides students with disabilities access to physical education through carefully designed and implemented lessons.

1. Instruction
2. Equipment
3. Environment
4. Rules

### Student Partners

5. Participate in class
6. Model positive behaviors
7. Parallel participation
8. Inclusive actions:
  1. Taking turns
  2. Slowing the pace of activity
3. Positive interactions
4. Leadership in providing successful opportunities
5. Breaking down activities
1. **See additional Peer Support ideas on the back!**

**If you are interested in being a Student Partner for Adaptive PE, please fill out the information below and return this form to the main office.**

**STUDENT NAME:** \_\_\_\_\_

(please print neatly & clearly) **GRADE:** \_\_\_\_\_

**On a separate sheet of writing paper, please explain in 1-2 paragraphs why you would like to be selected as a Student Partner for this course. Attach your writing to this form and submit at the main office or by email to [Jmrunner@seattleschools.org](mailto:Jmrunner@seattleschools.org).**

**If you request Adaptive Student Partner PE, you will be scheduled into the class either 1st or 2nd semester, as your schedule and class space allow.**

## **Ideas for Peer Support**

### **Individualized Support**

Hand under hand  
One person toss, other supports

### **Supporting One Student**

Moving alongside

### **Include in an Activity**

Slow the pace down  
Break into small steps  
Provide successful opportunities

### **Close Proximity Mirroring**

### **Feedback**

### **Adapted Equipment or Activity Ideas**

Help within equipment and activity ideas

### **Cues**

Verbal and non-verbal  
Tone  
Clear demonstrations  
Small bits

### **Engage in an Alternative/Parallel Activity**

Break the skill down to one component and small success Let the student participate off to the side if needed

Words  
Demonstrate  
Help  
Visuals  
Words  
Gesture  
High 5  
Smile